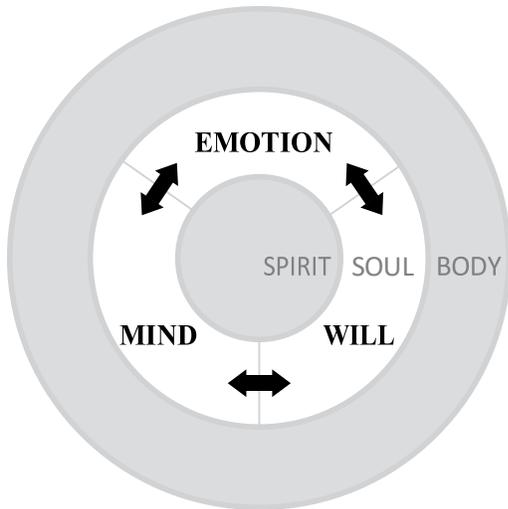


LEVELS OF CHANGE PART TWO

HOW DOES MY SOUL (mind, will, emotions) CHANGE?



So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.

EPHESIANS 4:17-19

MY MIND

My mind is changed as I _____ old lies I have believed.

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

HEBREWS 4:12

My mind is changed as I verbally _____ old lies with God's truth.

"Then you will know the truth, and the truth will set you free."

JOHN 8:32

My mind is changed as I intentionally _____ positive thoughts.

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

PHILIPPIANS 4:8

My mind is changed as I _____ my thoughts with God's Word.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

ROMANS 12:2

My mind is changed as I _____ God's Word over my life.

It is written: "I believed; therefore I have spoken." Since we have that same spirit of faith, we also believe and therefore speak.

2 CORINTHIANS 4:13

MY WILL

My will is changed as I come into _____ to God's will.

He went on a little farther and bowed with his face to the ground, praying "My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine."

MATTHEW 26:39 (NLT)

My will is changed as I choose _____ to God over compliance with my feelings.

We know that the law is spiritual; but I am unspiritual, sold as a slave to sin. I do not understand what I do. For what I want to do I do not do, but what I hate I do.

ROMANS 7:14-15

My will is changed as I come into _____ with God's discipline.

Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

PSALM 51:12

My will is changed as I practice _____ with my bodily desires.

No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

1 CORINTHIANS 9:27

MY EMOTIONS

My emotions change as I receive healing from old _____.

He heals the brokenhearted and binds up their wounds.

PSALM 147:3

My emotions change as I experience more of God's _____.

May have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ.

EPHESIANS 3:18

My emotions change as I speak God's Word over my _____.

I rejoice in following your statutes as one rejoices in great riches. I meditate on your precepts and consider your ways. I delight in your decrees; I will not neglect your word.

PSALM 119:14-16

My emotions change as I respond to God's _____.

But you, LORD, are a shield around me, my glory, the One who lifts my head high. I call out to the LORD, and he answers me from his holy mountain.

PSALM 3:3-4

My emotions change as I experience God's presence through _____.

Shout for joy to the LORD, all the earth. Worship the Lord with gladness; come before him with joyful songs.

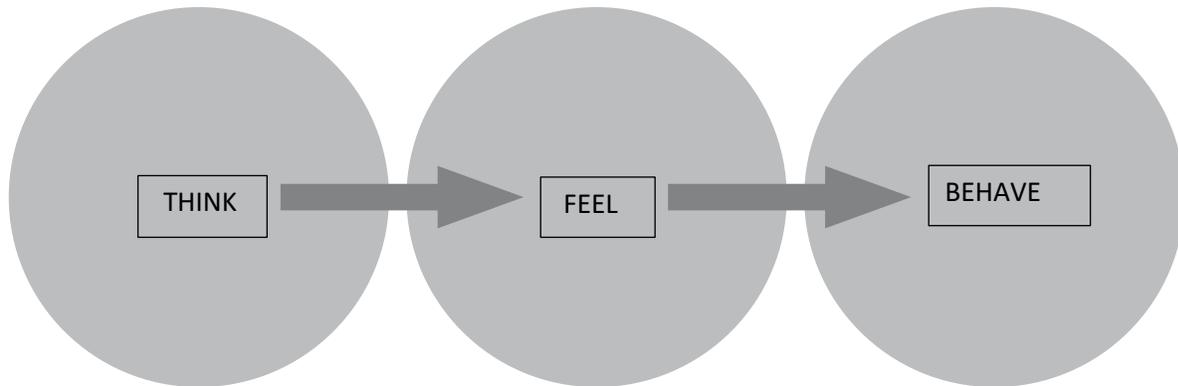
PSALM 100:1-2

My emotions change as I respond to God properly in my _____.

After Job had prayed for his friends, the LORD restored his fortunes and gave him twice as much as he had before.

JOB 42:10

THE PROCESS OF BEHAVIORAL CHANGE



MY BEHAVIOR

Behavioral change is initiated by the regenerating work of the Holy Spirit in my spirit.

So I say, walk by the Spirit, and you will not gratify the desires of the flesh.

GALATIANS 5:16

Behavioral change is facilitated through God's ongoing healing work in my soul.

He heals the broken-hearted and binds up their wounds.

PSALM 147:3

Behavioral change is accomplished through putting to death bad behavior in my body.

For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.

ROMANS 8:13

Behavioral change is aided by the practice of spiritual disciplines which enable us to abide in Christ.

"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."

JOHN 15:5

PRAYER APPLICATION

ASK THE LORD...

What area of my broken will would you like to heal?

Where do my emotions need healing?

What truths from you, Lord, will renew my mind in these areas?

Holy Spirit, bring this to my mind until my pattern of thinking has changed.

DISCUSSION

THIS IS A SELECTION OF POSSIBLE DISCUSSION TOPICS.

USE AS MANY OR AS FEW AS YOUR GROUP DESIRES.

What is an area of your life in which you could start praying more consistently for your will to agree with God's will?

What is a pattern of thinking that you need to change?

What could you do to better to improve the practice of renewing your mind daily?

What is an example of how you suffered well in the midst of a challenging life experience?

Where could you use a disciplined process and accountability to help your will agree with God's will?

What emotional responses in your life need to change?

What is a first step you can you do now to facilitate a needed behavioral change?

Discuss your experiences from the prayer exercise.